

**RELIEF FROM  
BREASTFEEDING  
PAIN STARTS HERE**

  
**NURSICARE®**  
freeing moms to be moms



# BREASTFEEDING MOMS CAN TRUST NURSICARE.

Designed by PolyMem® medical dressing experts, Nursicare® therapeutic breast pads are clinically proven to quickly and effectively alleviate pain and promote the healing of sore, irritated or cracked nipples. Containing mother and baby-safe healing components, the pads are activated by moisture, triggering the natural healing process.

## **RELIEVES PAIN**

Nursicare helps reduce the sensitivity of overactive nerve cells, effectively lessening the number of “pain messages” that are relayed to the brain and delivering soothing pain relief.

## **QUICK HEALING**

Nursicare pads support natural healing and provide optimal conditions for restoring skin health. The pad ensures that the healing process is not interrupted, protects the nipple from friction with clothing, keeps the area clean, and helps prevent infection.

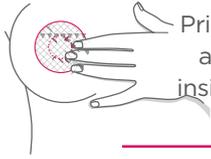
## **MOM & BABY SAFE**

Contains mother and baby-safe healing components. Nursicare pads have met appropriate international standards for safety and effectiveness. They passed regulatory review and clearance in all the countries where marketed.



## EASY TO USE

1



Prior to first use, wipe the nipple area with a damp cloth. Wear the Nursicare pads inside of the bra, with printed side facing the bra.

2



Before breastfeeding your baby, take the Nursicare pad out and place it on a clean surface. Gently wipe the nipple area with a damp cloth before breastfeeding or pumping.

3



You can use the same pad several times until the liquid in the pad becomes visible through the printed side of the pad and before the absorbed milk reaches the edge of the pad.

\* Please read the instructions for use inside the box before using the pad.

For more information visit our website  
[www.nursicare.com](http://www.nursicare.com) or [www.polymem.com](http://www.polymem.com).



  
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# MOMS LOVE NURSICARE!

**KATHY** (Jessica's mom) **says:**

“My nipples were sore almost from the very first day, and had it gone on like that I wouldn't have been able to bear it. Luckily, I was introduced to Nursicare. The relief was almost immediate and that's what allowed me to keep breastfeeding - which I desperately wanted to do. **I think Nursicare pads should be a MUST in every pre-delivery bag.**”

Nursicare may be purchased via [nursicare.com](http://nursicare.com) or Amazon.

  
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